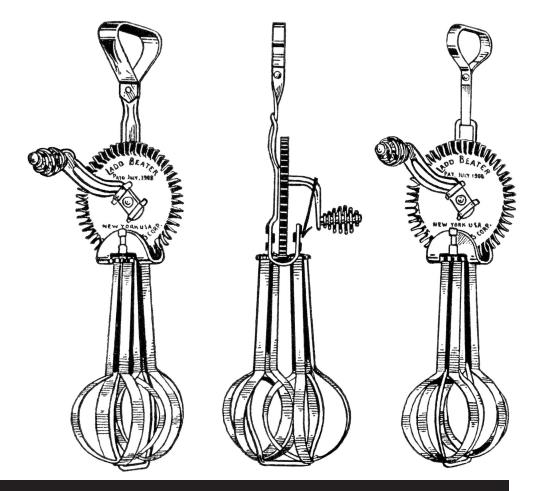


Co-Rec Demonstration Kitchen Site Study



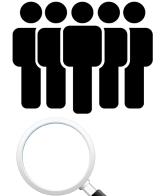
Introduction

The Demonstration Kitchen at the Co-Rec was founded as a part of the Wellness Center. The Kitchen strives to make cooking accessible to everyone, by demonstrating various recipes and menus that are quick, easy, and affordable. The Kitchen provides a variety of demonstrations and programs in order to accommodate varying interests, ages, and abilities. This space is a great way for students and surrounding communty members to enhace their quality of life by learning new recipes and new ways of cooking.



Research Goals

Three Main Research Objectives



Determine the demographics of the kitchen users.

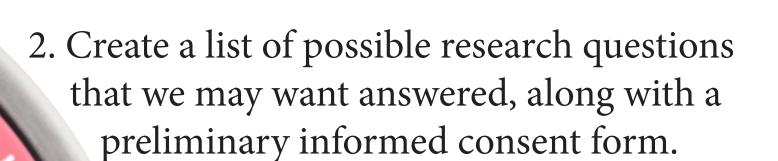


Analyze the experience of the participants and gather numerical information.

Use the information to better serve the kitchen staff for developing more relevant student experiences.

Procedures

1. Determine our goals in studying the Co-Rec Demonstration Kitchen and do some initial research of the facility.

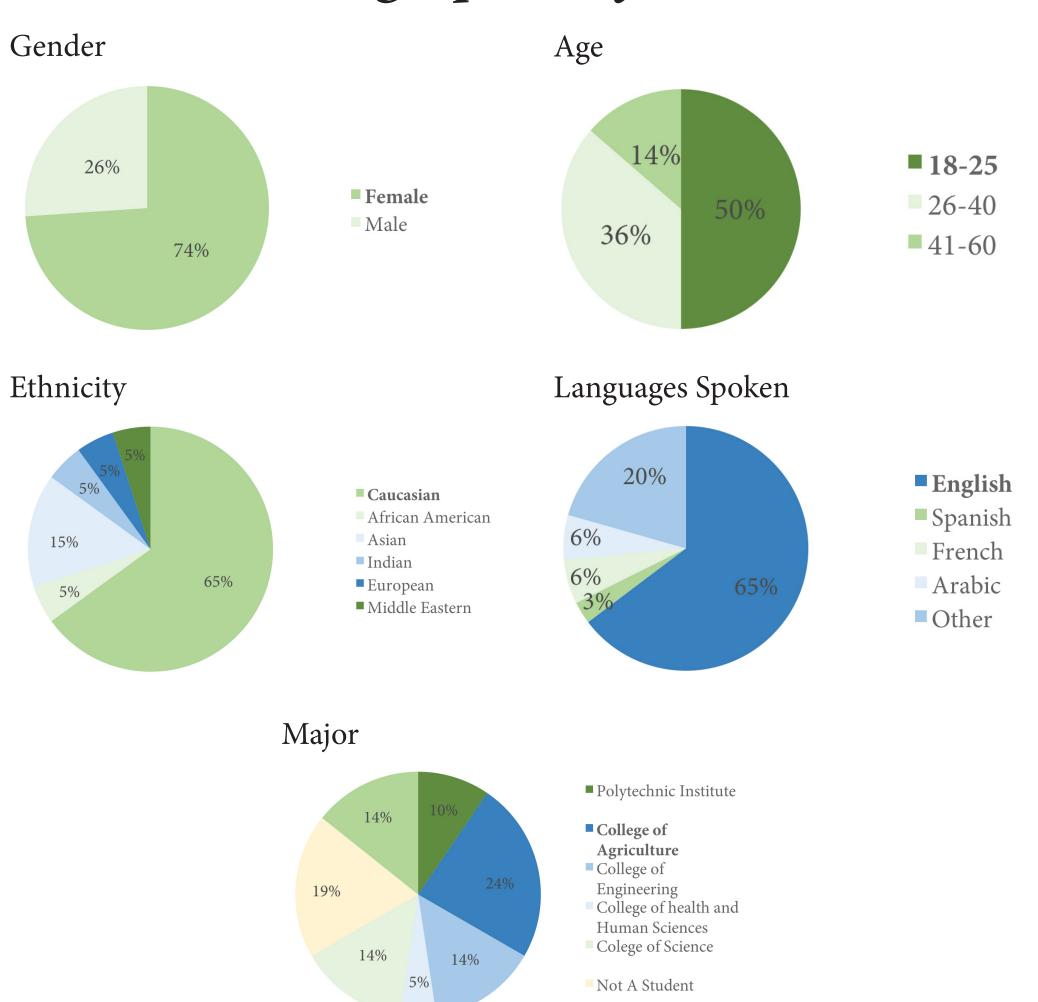


- 3. Narrow down our research questions into finalized interviews and surveys.
- 4. Attend kitchen demos and perform our research with the kitchen's participants through our interviews and surveys.
- 5. Collect our data into understandable visuals.

6. Make qualitative conclusions about our findings.

Results

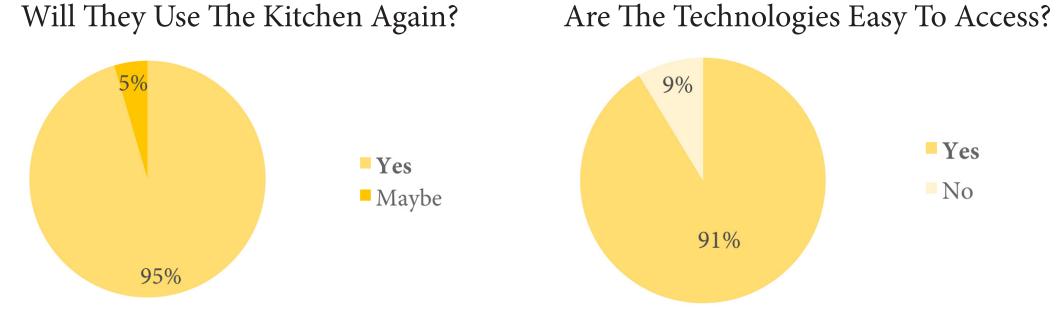
Demographic Information



Experiential Information







Conclusion

Overall, the Co-Rec Kitchen is a fantastic place for students and staff to congregate and learn together. While individual students come and go on weeknights, our research found that the majority of users are part of some teambuilding type activity, such as a residence hall field trip, or faculty event. We found that for most who arrive at the kitchen, it is there first time there. Providing a practical hands on activity, our research found that the kitchen creates an atmosphere open to all ethnicities, ages, and genders within the student body.

References